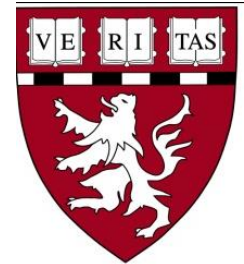


# Lung Cancer in Patients with ILD: Diagnostic and Management Considerations



Grace Peloquin, MD

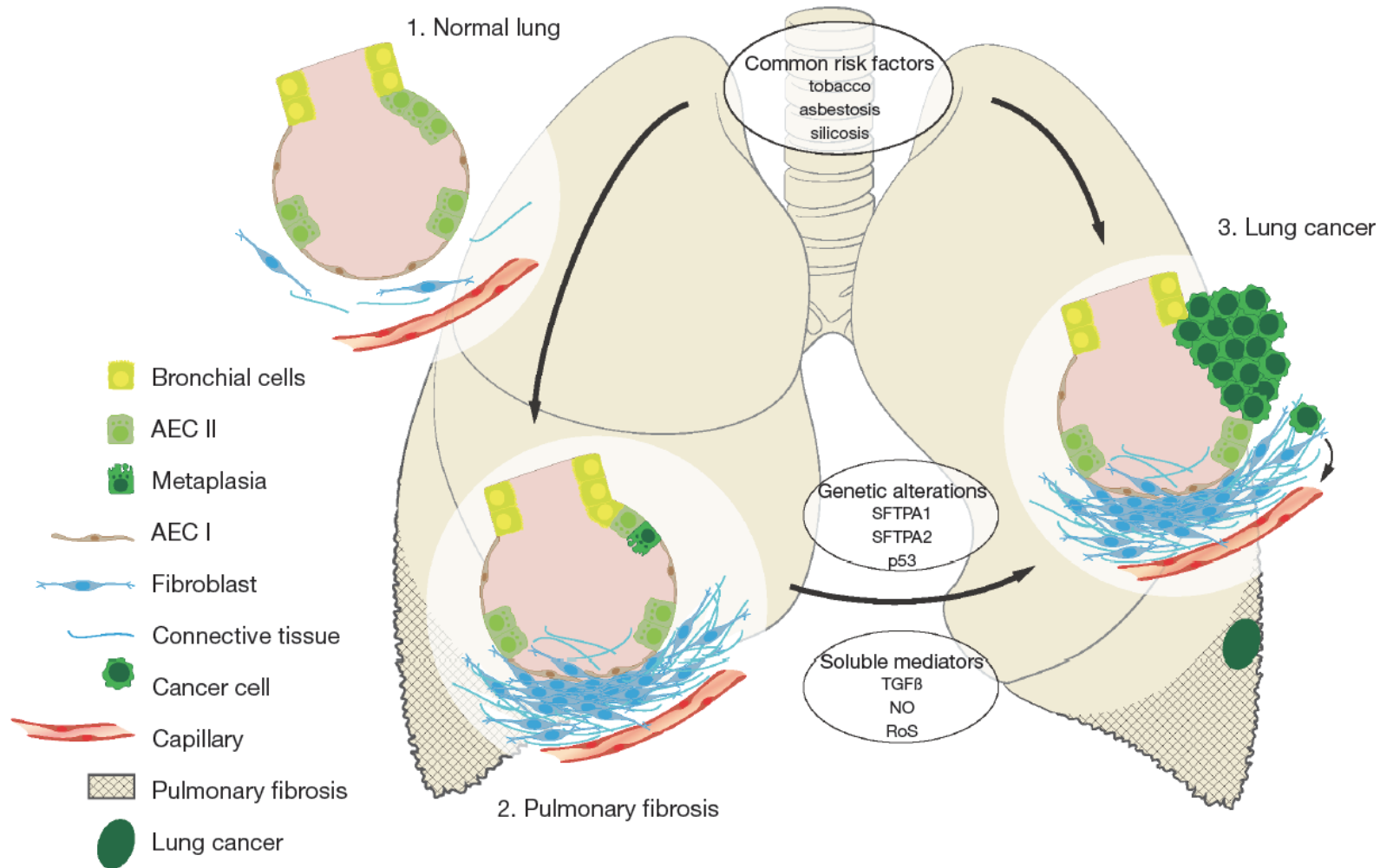
February 19, 2025



# Disclosures

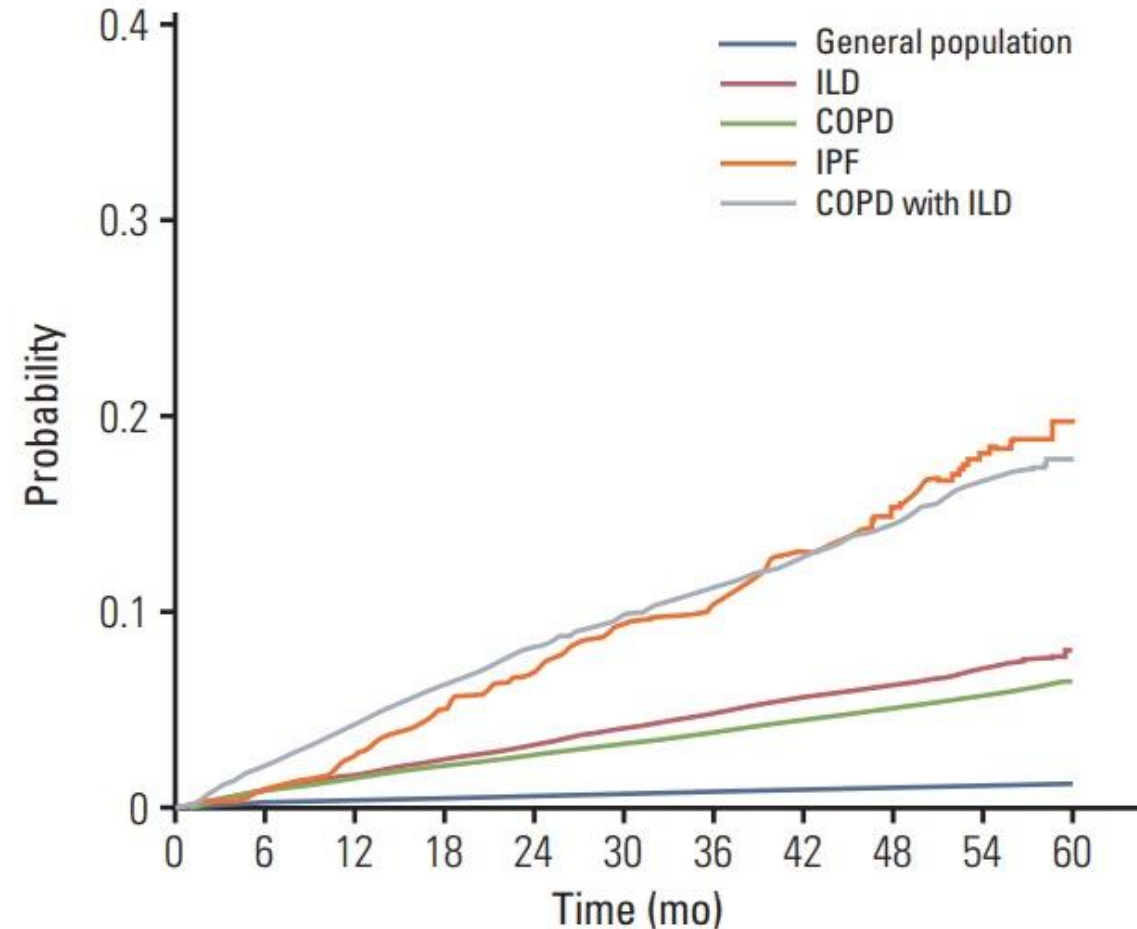
- None

# Increased risk of lung cancer in ILD



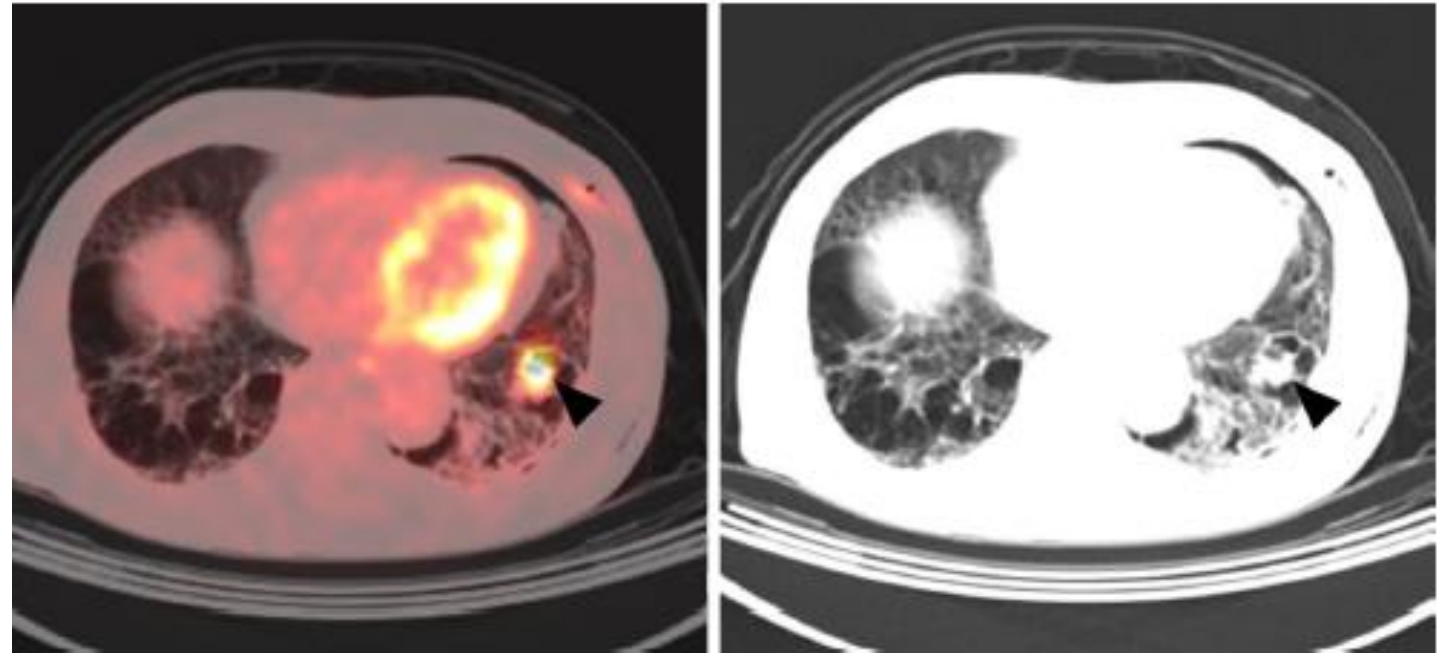
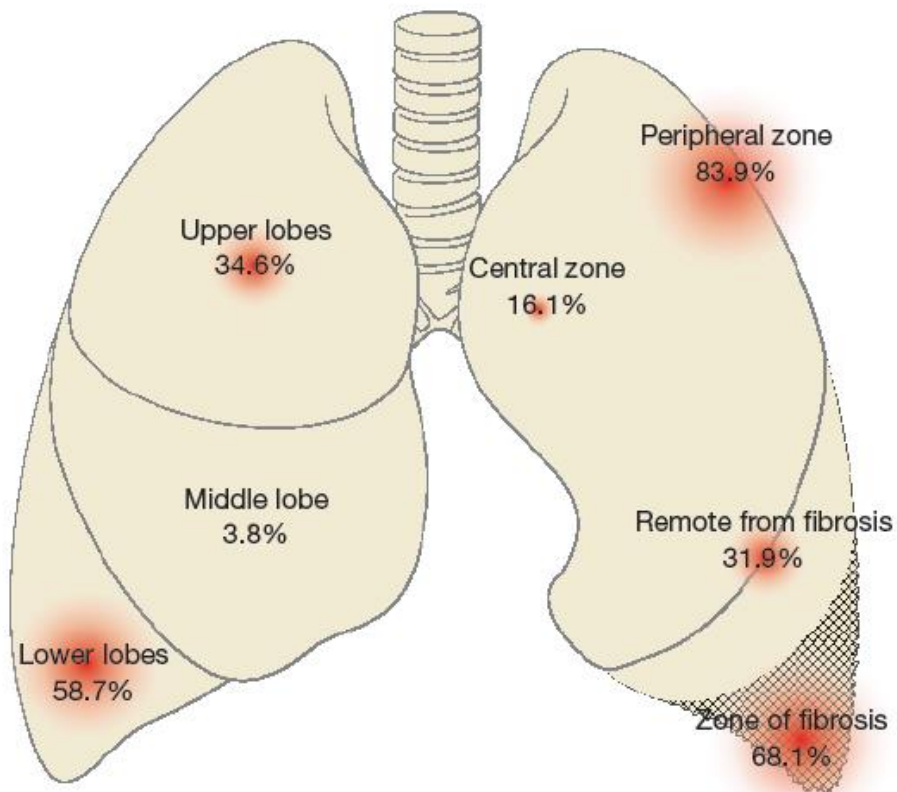
# Epidemiology

- Estimated 22% of patients with ILD will eventually develop lung cancer
- Estimated prevalence in IPF 13.5%, higher rates in men and smokers
- Higher rates in CTD-ILD vs non-CTD ILD (excluding IPF)
- Most common subtypes:
  - Squamous cell carcinoma (37.8%), adenocarcinoma (30.8%)



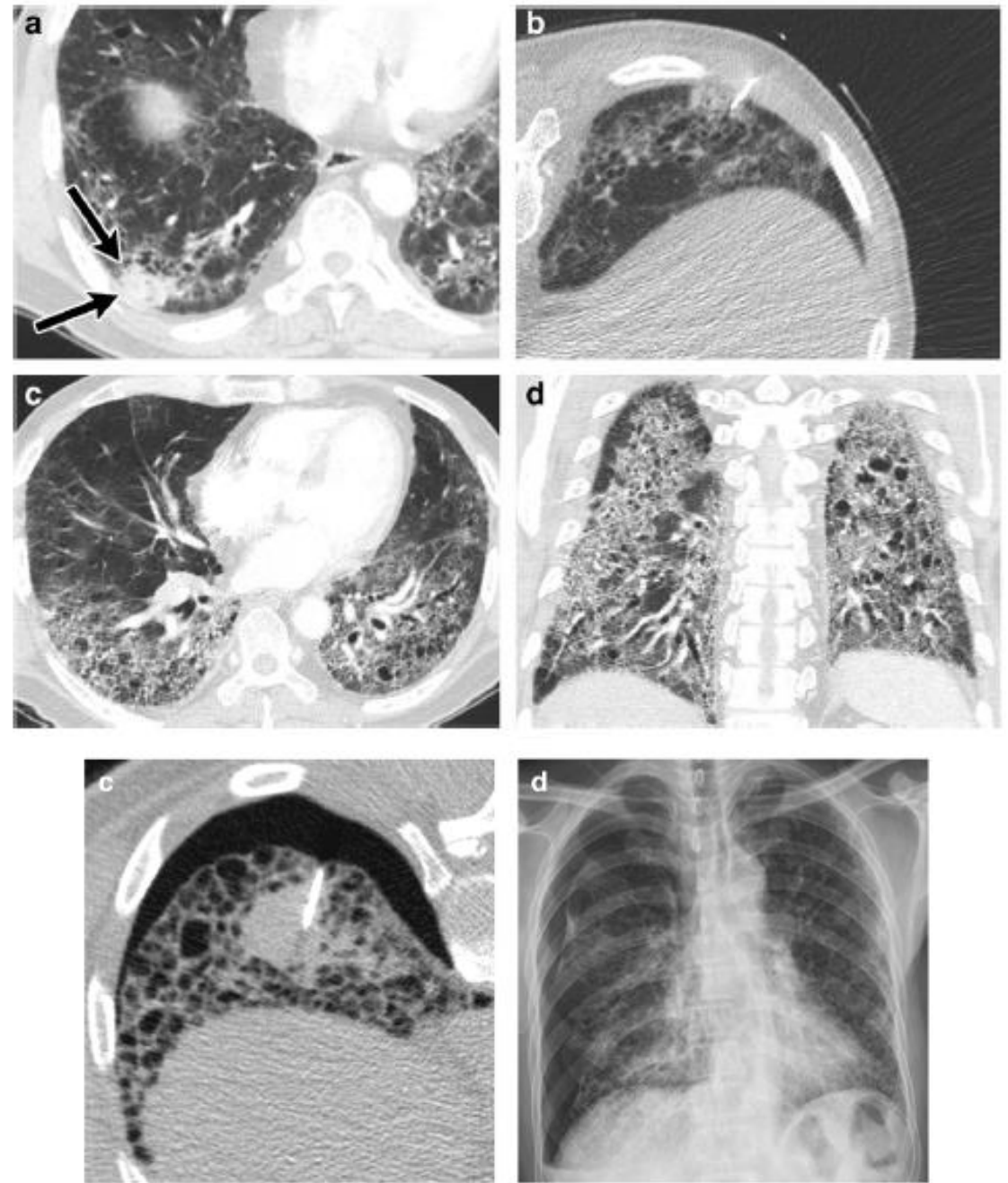
# Diagnostic Considerations

- Early detection is important but challenging
- PET/CT demonstrates high sensitivity/specificity in IPF



# Diagnostic Considerations

- CT-guided transthoracic needle biopsy demonstrates high diagnostic accuracy
  - Need to consider relatively high complication rate
    - Acute-exacerbation
    - Pneumothorax requiring chest tube
- Increasing use of advanced bronchoscopic techniques for diagnosis of peripheral lesions



# Management Considerations

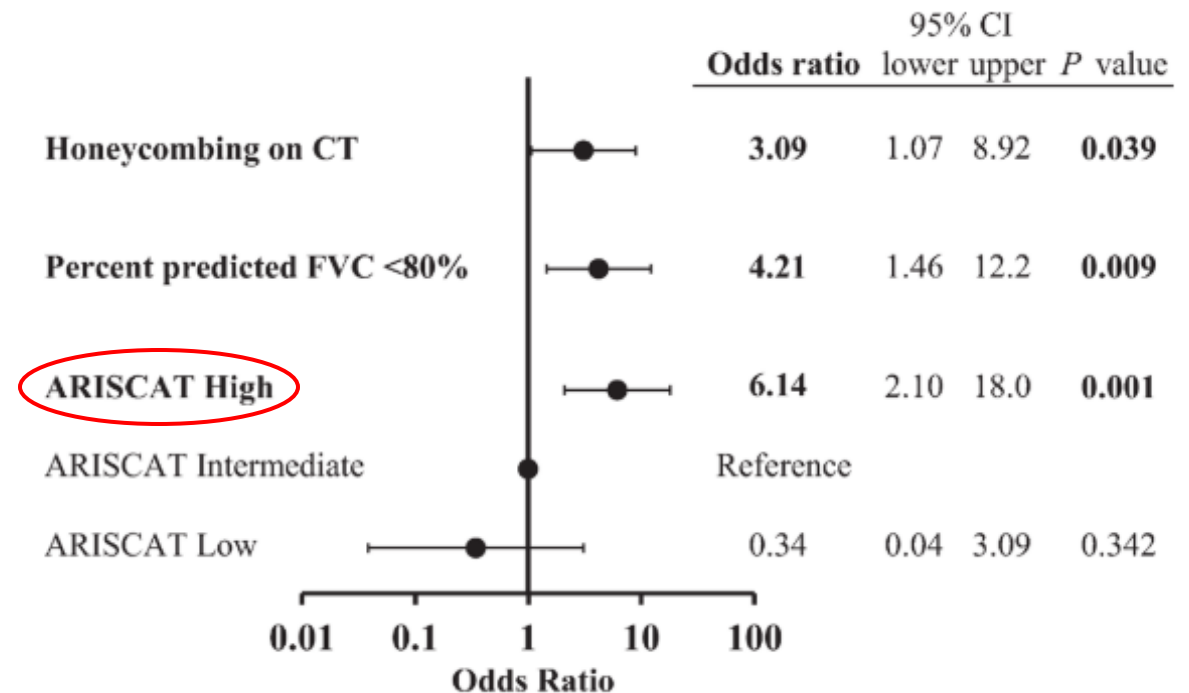
- Surgical Resection
- Radiation Therapy
- Percutaneous Ablation
- Systemic Therapy
- Immunotherapy

# Surgical Resection: Short-term complications

- Increased short-term morbidity and mortality
  - AE-ILD: Incidence 9-23%, median time to onset 2-10 days post-op, high mortality (up to 60%)

- Risk factors:

- Pulmonary factors
  - Severity of ILD (FVC, DLCO)
  - Pattern of ILD (UIP)
  - ARISCAT score (>45)
- Procedural-based factors
  - Sublobar vs lobar resection



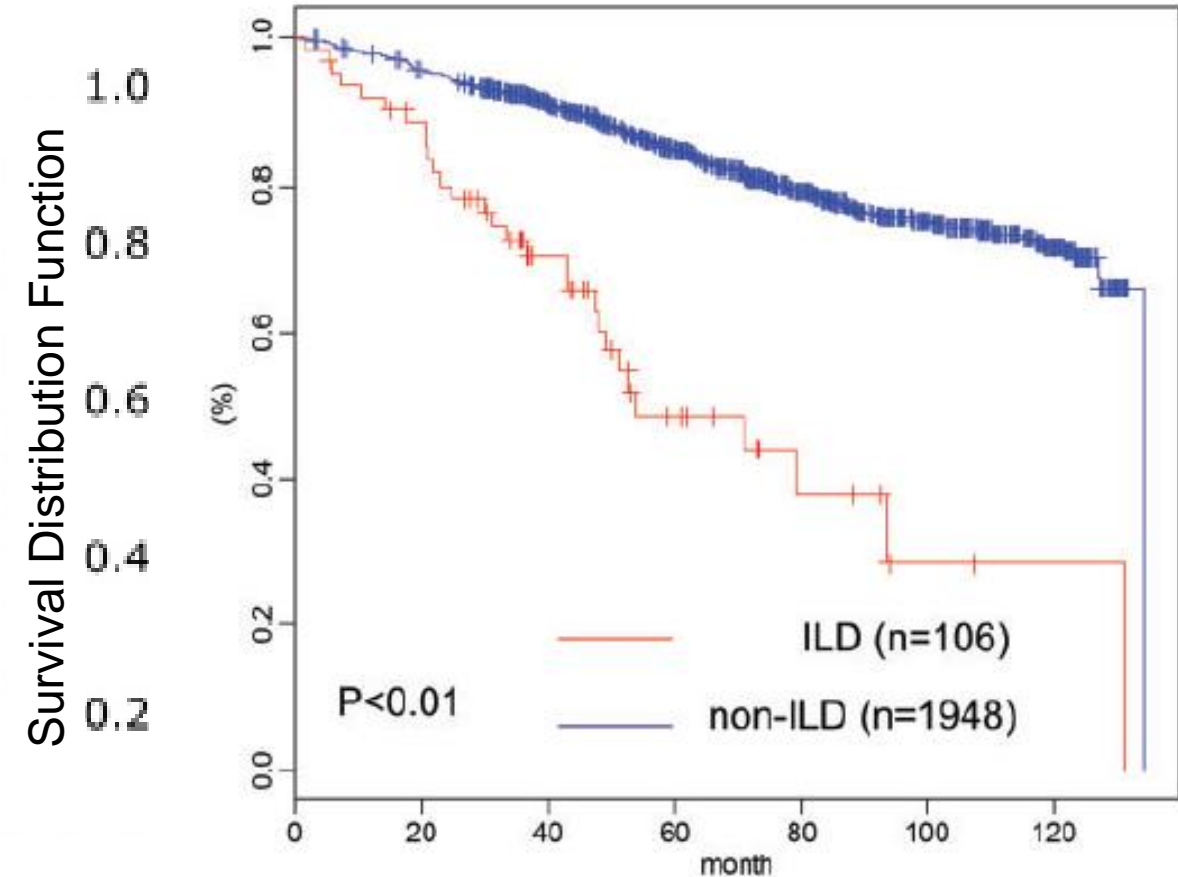


# Surgical Resection: Long-term survival

## Patients with ILD:

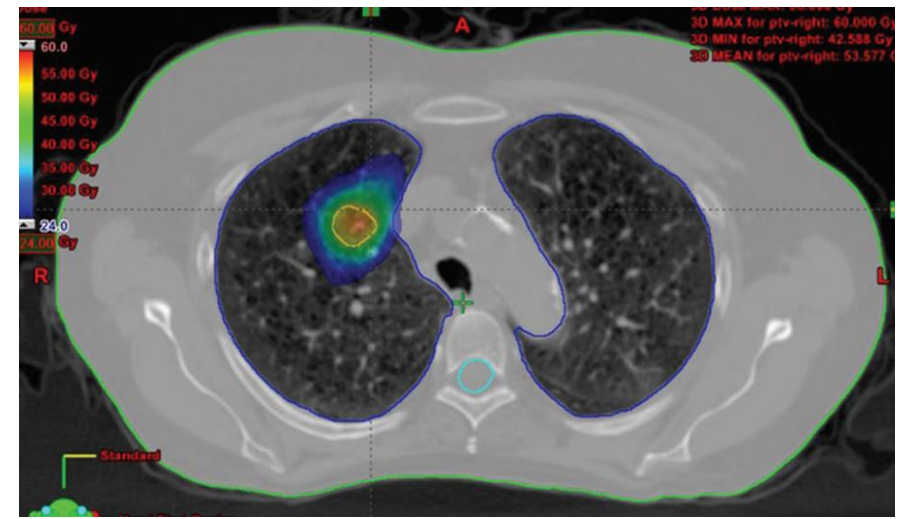
- More likely to undergo limited resection
- Higher frequency of recurrence
- Limited use of systemic therapy w/ recurrence
  
- Main cause of death was lung cancer
  - 5 year OS: 40% vs 72%
  - 5 year OS stage I: 44% vs 85%

OS in patients with Stage I disease

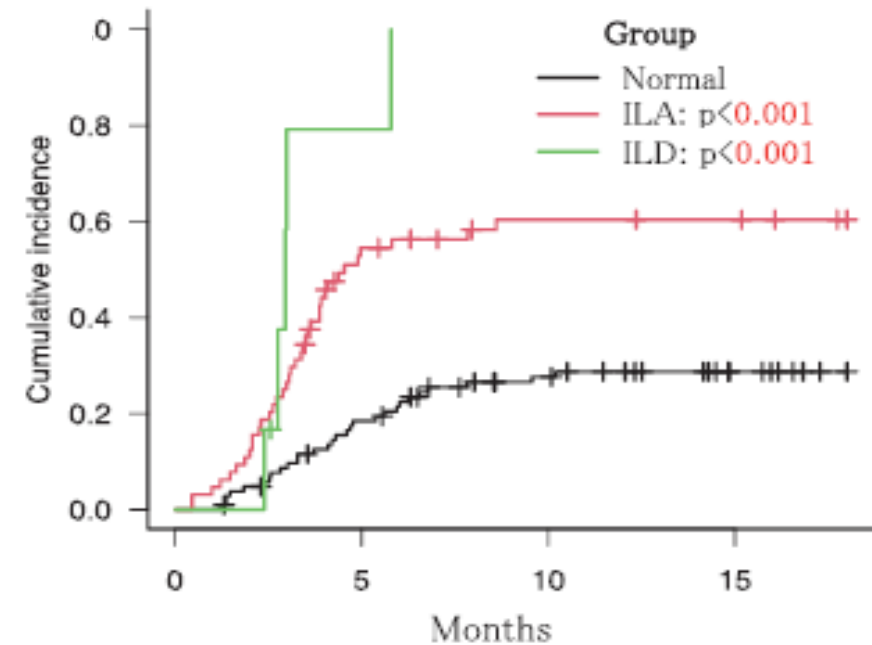


# Radiation Therapy

- Standard of care for patients with early-stage NSCLC considered medically inoperable
- Data w/ ILD limited to retrospective studies, significant heterogeneity
- Majority with subclinical, asymptomatic ILD
- Even in pts with subclinical ILD and ILAs, thought to carry significant toxicity



Cumulative incidence of grade  $\geq 2$  radiation pneumonitis



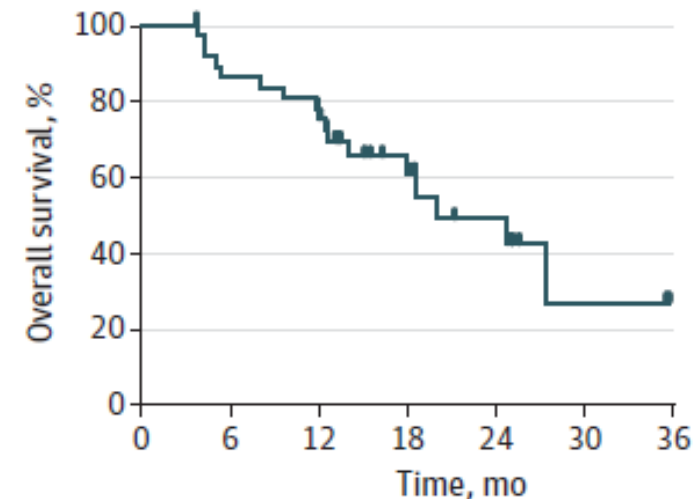
# Radiation Therapy

## ASPIRE-ILD

- 39 pts with pre-existing ILD treated with SABR
- OS at 1 year: 79%; Median OS 25 months
  - Median survival more than double the expected median survival in untreated patients
- Risk of grade 3-5 toxicity half previously reported in prior systemic reviews

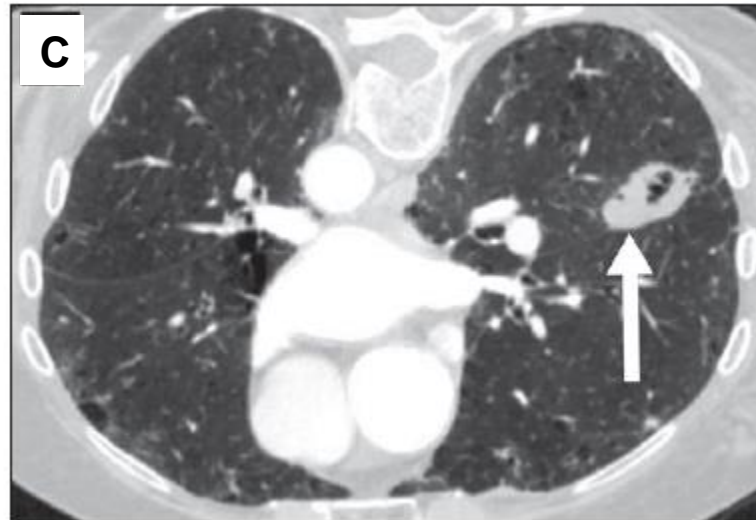
ILD type (multidisciplinary consensus diagnosis), No. (%)	
IPF	8 (21)
NSIP	0
CT-ILD	8 (21)
Chronic HP	2 (5)
Unclassifiable/other	21 (54)
ILD-GAP Index, No. (%)	
≤2	14 (36)
3-5	23 (59)
≥6	2 (5)
Baseline primary tumor size, median (IQR), cm	2.2 (1.6-2.7)
Baseline FEV <sub>1</sub> [% predicted], median (IQR)	80 (66-90)
Baseline FVC [% predicted], median (IQR)	84 (69-94)
Baseline DLCO [% predicted], median (IQR)	49 (38-61)

**A** Overall survival



# Percutaneous ablation

- Safety considerations:
  - Rate of major AE 14%
  - Bronchopleural fistula, pneumothorax, hemothorax, hemoptysis
  - No AE-ILD or death within 90 days
- Outcomes:
  - Local control 78% at 1 year
  - OS 77% at 1 year



# Systemic Therapy

Limited data in this patient population, but first-line platinum doublet therapy for advanced NSCLC shown to be relatively safe and effective

- Pooled ORR 43%, 1 year OS 33%
- Pooled AE-ILD rate 8%

Combination chemo- and radiotherapy increase the risk of pneumonitis in patients with ILD

Rates of AE-ILD shown to be considerably higher with certain second-line agents

	UIP Pattern	
	No. of Patients Administered	Exacerbation of ILD (%)
Cisplatin	21	2 (10)
Carboplatin	40	5 (13)
Paclitaxel	31	1 (3)
Docetaxel	25	7 (28)
Etoposide	21	5 (24)
Vinorelbine	13	0
Gemcitabine	7	3 (43)
S-1	7	2 (29)
Irinotecan	6	2 (33)
Amrubicin	4	0
Pemetrexed	2	1 (50)

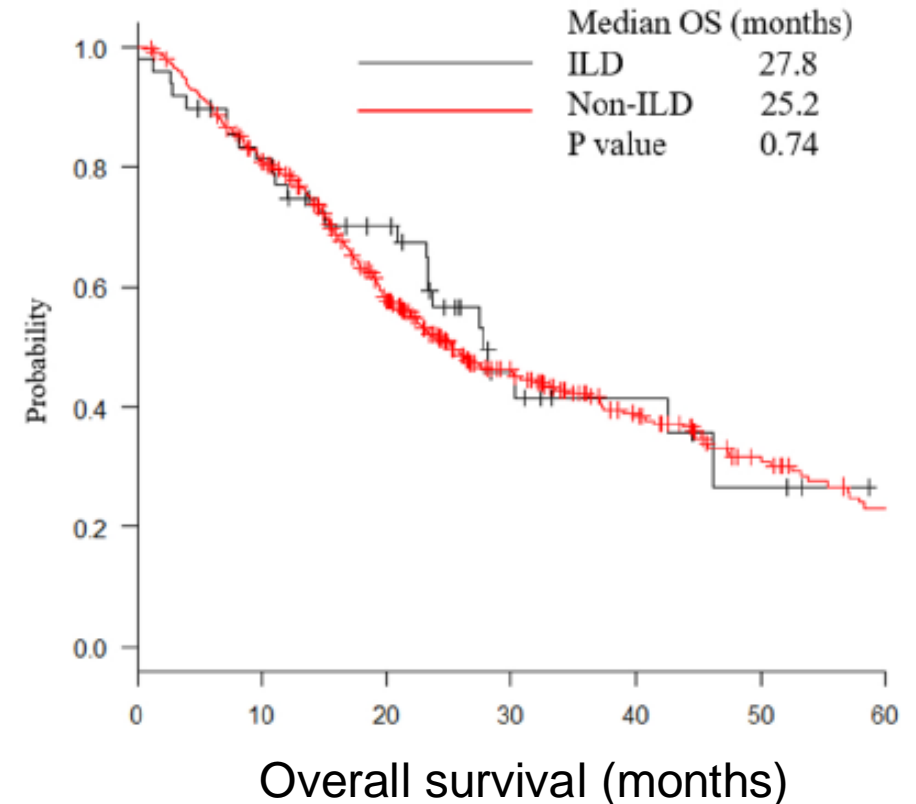
# Immunotherapy: Pneumonitis

- Incidence depends on type of treatment:
  - PD-1 inhibitors have ~4-5% reported incidence (maybe higher), PD-L1 inhibitors 2%
  - CTLA-4 inhibitors have ~1% incidence
  - Combination PD-1/CTLA-4 treatment associated with 10% incidence
- Median time to onset is ~3 months, however wide range (2-24 months) and can occur months after discontinuation
- 1/3 of patients present as  $\geq$  grade 3, fatal in up to 12% of patients
- Up to 14% may develop steroid-dependent pneumonitis, 19% steroid-refractory pneumonitis
- Recurrent pneumonitis is frequent – both spontaneous and with rechallenge



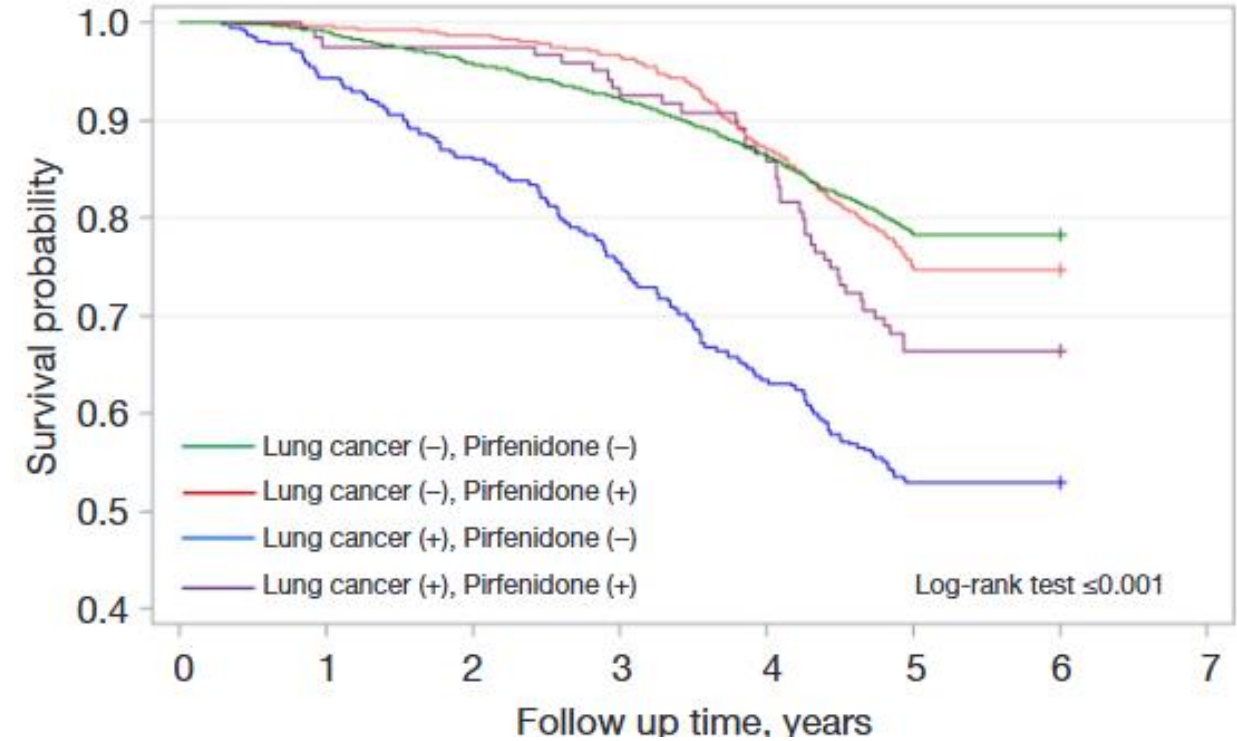
# Immunotherapy: Pre-existing ILD

- Increased risk of pneumonitis
  - Incidence of all grade pneumonitis 27% vs 10%
  - Incidence of >grade 3 pneumonitis 15% vs 4%
- Non-inferior outcomes
  - Majority improve upon ICI discontinuation +/- corticosteroid administration
  - Similar disease control rates, progression free survival, overall survival
- Patients need to be informed and closely monitored
  - Can we better risk stratify these patients?
    - Radiographic pattern, severity of ILD



# Role of antifibrotics

- Reduction in post-operative AE-IPF
- Treatment of radiation pneumonitis
- Combination with chemotherapy
- Reduce risk of ICI-pneumonitis





# Summary

- Patients with ILD are at increased risk for lung cancer
- Diagnosis is complex due to underlying parenchymal abnormalities
- Regardless of treatment, patients with ILD experience higher treatment-related morbidity and mortality
  - Major concern AE-ILD
- Patients with ILD require multidisciplinary evaluation to determine a personalized treatment plan tailored to their goals of care